

# WELCOME ONBOARD



We aim to make your journey as enjoyable as possible by offering you a selection of delicious food, snacks, wines and spirits served to your table.

Now that you are on your way, we look forward to helping you relax in comfort and experience our traditional hospitality.

## ENJOY



# GENERAL INFORMATION



## PAYMENT

Prices are published in Euro and credit card facilities are available in Euro.



## PASSENGERS WITH PARTICULAR NEEDS

If you need help please ask a member of our staff who will be happy to assist you.

## OTHER CONSIDERATIONS

The train offers limited space for extra supplies and occasionally we may run out of items. Please accept our apology in advance for this inconvenience.

## CUSTOMER FEEDBACK

Catering on board Irish Rail services is operated by Corporate Catering Services. If you have any constructive thoughts (positive or negative) regarding our products or services, or have any specific dietary needs, please write in the first instance to: [carriagecafe@ccsl.ie](mailto:carriagecafe@ccsl.ie) or [info@ccsl.ie](mailto:info@ccsl.ie)

## WITH COMPLIMENTS

The Cork Route, 1<sup>st</sup> Class Service, includes the Irish Times and Tea or Coffee compliments of Irish Rail.

# GREAT FOOD ON THE MOVE



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## ON BOARD DINING

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**BREW**



**DINE**



**WINE**



## THE MIGHTY IRISH

Crisp cured bacon, traditional Irish butcher sausages, black & white Tournafulla traditional pudding, potato bread, fried egg, grilled tomato, served with relish, toasted bloomer or soda bread, butter & preserves and choice of freshly brewed tea or cafetiere of Fair Trade coffee.

**€11.95**

Allergens: Mustard, Cereal, Sulphites, Milk & Egg

## THE MODEST IRISH

Crisp cured bacon, traditional Irish butcher sausage, potato bread and fried egg served with relish, toasted bloomer or soda bread, butter & preserves and choice of freshly brewed tea or cafetiere of Fair Trade coffee.

**€8.25**

Allergens: Mustard, Cereal, Sulphites, Milk & Eggs

## THE VEGETARIAN

Two farm fresh fried eggs, potato bread, grilled tomato and baked beans, served with relish, toasted bloomer or soda bread, butter & preserves and choice of freshly brewed tea or cafetiere of Fair Trade coffee.

**€8.99**

Allergens: Cereal, Milk & Eggs

## SCRAMBLED EGG

Three farm fresh eggs lightly scrambled, served with toasted bloomer or soda bread, butter & preserves and choice of freshly brewed tea or cafetiere of Fair Trade coffee.

- Add crisp cured bacon €1.50
- Add traditional Irish butcher sausage €1.50
- Add Irish smoked salmon €2.50

**€7.50**

Allergens: Cereal, Milk & Eggs

## BREAKFAST BLAA

Warm toasted traditional Waterford Blaa with 2 of the following:

- Crisp cured bacon
- Fried egg
- Oven baked traditional Irish butcher sausage
- Cream cheese
- Irish smoked salmon (€2.50 supplement)

**€7.99**

Allergens: Cereal & Soya

## THE ENERGY BOWL

### Choose

Fresh creamy porridge served with fresh seasonal fruit or seasonal fruit compote and choice of freshly brewed tea or cafetiere of Fair Trade coffee.

**or**

Nutritious nutty granola topped with natural yoghurt, Irish honey and fresh seasonal fruit or seasonal fruit compote and choice of freshly brewed tea or cafetiere of Fair Trade coffee.

**€5.95**

Allergens: Cereal & Milk

## TOAST

Toasted bloomer or soda bread with butter & preserves and choice of freshly brewed tea or cafetiere of Fair Trade coffee.

**€4.50**

Allergens: Cereal

- **ADD ORANGE JUICE 330ML TO THE MIGHTY, MODEST OR VEGETARIAN BREAKFAST FOR ONLY €2.00**
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# DAY TO EVENING



## PRIME GRILLED IRISH BEEF BURGER

Grilled Irish beef burger, dressed with crisp lettuce, juicy tomato and relish served on a Guinness glazed bun.

**€7.50**

Allergens: Cereal & Milk

• ADD BACON & CHEESE TO YOUR  
BURGER FOR ONLY €1.50 •

## SOUTHERN FRIED CHICKEN FILLET BURGER

Southern fried chicken fillet, dressed with crisp lettuce, juicy tomato and garlic mayonnaise, served on a Guinness glazed bun.

**€7.50**

Allergens: Mustard, Cereal, Sulphites, Milk & Eggs

• ADD BACON & CHEESE TO YOUR  
BURGER FOR ONLY €1.50 •

## ARTISAN PIZZA ~ BAKED ON BOARD!

Hand stretched, oven fresh, thin crust pizza;

**Choose**

Chicken, parmesan cheese and basil pesto.

**or**

Irish goats cheese, spinach & caramelised onion (v).

**€12.15**

Allergens: Cereal, Milk & Egg

## CHICKEN CROQUE MONSIEUR

Toasted sesame paco pan sandwich with sliced chicken, emmental cheese, sunblush tomato and basil pesto, topped with grilled cheese and tomato.

**€5.95**

Allergens: Cereal, Milk & Eggs

## LASAGNA AL FORNO ~ BAKED ON BOARD!

Hearty meat sauce, Parmesan and mozzarella cheese layered between al dente lasagna sheets. Baked on board and served with garlic bread and side salad.

**€9.95**

Allergens: Mustard, Cereal, Sulphites, Milk & Egg

## CHICKEN BLT

Freshly grilled chicken breast, topped with crisp cured bacon, fresh lettuce, juicy tomato and mayonnaise, served on toasted bloomer bread.

**€6.50**

Allergens: Mustard, Cereal, Sulphites, Milk & Eggs

## VITALITY SALAD

Roasted vegetables, edamame beans, lentil & quinoa salad, pomegranate, tomato and lettuce with mint & lime dressing.

## TOPPED WITH

**Choose**

Wasabi and sesame seasoned sliced chicken breast.

**or**

Feta cheese and pumpkin seeds (v).

**€9.95**

Allergens: Mustard & Milk

## CARRIAGE CAFÉ DAILY SPECIAL

Please ask a member of staff for details.

Served with seasonal salad or parmentier potatoes.

• **ADD CRISPY PARMENTIER POTATOES  
OR SIDE SALAD TO ANY DISH  
FOR ONLY €2.00** •

# GREAT FOOD ON THE MOVE

# BEVERAGES



## HOT BEVERAGES

Pot of Freshly Brewed Tea €2.95

Artisan Speciality Teas €2.95

 Freshly Brewed Cafetiere of Fair Trade Coffee €3.50

Hot Chocolate €2.70

## MINERALS

Coke 330ml €1.75

Coke Zero 330ml €1.75

Fanta Orange 330ml €1.75

Sprite 330ml €1.75

Mixers from 125ml €1.25

River Rock Still or Sparkling Water 500ml €2.25

Fruice Orange Juice 330ml €2.90

## BEERS AND CIDER

Guinness 500ml can €4.80

Heineken 500ml can €4.80

Coors Light 500ml can €4.80

Bulmers Cider 500ml can €4.80

## RED WINE

Cabernet Sauvignon or Merlot 187ml Bottle €5.95

## WHITE WINE

Sauvignon Blanc or Chardonnay 187ml Bottle €5.95

## SPIRITS

Jameson Irish Whiskey €5.60

Smirnoff Vodka €4.65

Gordon's Gin €4.65

# GREAT FOOD ON THE MOVE

● ALL THE FOOD ITEMS AVAILABLE ON OUR  
MENU ARE FRESHLY COOKED TO ORDER  
FROM LOCALLY SOURCED INGREDIENTS ●