

arrive happy not hungry

Great Food freshly delivered

2U



HOT BEVERAGES

Barry's Tea 296ml/10oz	0kcal	2.20
Bewley's Coffee 296ml/10oz	0kcal	2.35
Bewley's Hot Chocolate 296ml/10oz	130kcal	2.65

CRISPS

Tayto Cheese & Onion	192kcal	1.05
Tayto Salt & Vinegar	204kcal	1.05
Pringles	206kcal	2.00

SWEETS

Apple Danish	425kcal	2.50
Fruit Danish	409kcal	2.50
Chocolate Muffin	398kcal	2.20
Ina's Fruit Slice	300kcal	1.90
Ina's Oatflake Biscuits	255kcal	1.55
Broderick's Gluten Free Brownie	278kcal	2.00

SOFT DRINKS

Coca Cola 330ml	139kcal	1.75
Diet Coke 330ml	1kcal	1.75
Fanta 330ml	165kcal	1.75
Sprite 330ml	89kcal	1.75
Fruice Orange Juice 330ml	149kcal	2.90
Riverrock Still Water 500ml	0kcal	2.25
Schweppes Tonic 150ml	56kcal	1.25



BEERS, WINES AND SPIRITS

Budweiser 500ml can	187kcal	4.80
Bulmers 500ml can	205kcal	4.80
Heineken 500ml can	150kcal	4.80
Guinness 500ml can	176kcal	4.80
Jameson Irish Whiskey 50ml	112kcal	5.60
Huzzar Vodka / Cork Dry Gin 50ml	112kcal	4.65
Trapiche Sauvignon Blanc 18.7cl	159kcal	5.99
Trapiche Malbec 18.7cl	159kcal	5.99

NEWSPAPERS

(on selected services, recommended retail price)
The Irish Times

CONFECTIONERY

Nestlé Kitkat	232kcal	1.30
Nestlé Aero	222kcal	1.30
Cadbury Dairy Milk	280kcal	1.30
Brodericks crunchy slam dunk peanut crunch	375kcal	1.60
Inas natural exotic fruit & nut with nuts, fruits and seeds	246kcal	1.60



ALL DAY LIGHT SNACKS

Available from service with buffet car

Waterford Blaa with bacon & sausage	501kcal	4.80
Mezzaluna with chicken, basil pesto mayo, peppery rocket, fresh tomatoes, mozzarella and tangy parmesan. Good cold but better hot.	433kcal	4.80
Sausage roll	292kcal	1.65
Nusli – Irish Bircher Muesli – delicious mix of natural yogurt, multiberries, apple juice, fruit wholegrains & nuts	247kcal	2.75

SANDWICHES

Mini Rolls - Granary Bread roll with Hummus and Crunchy vegetables - Poppy seed bread roll with caramelised onion & rocket.	487kcal	4.95
Chicken & stuffing on farmhouse brown bread	467kcal	4.95
Shredded ham with red cheddar cheese on poppyseed bread	372kcal	4.95

Calorie information provided is as accurate as possible. However, due to the handmade nature and possible substitution of ingredients, calories may vary and so average typical values are shown. Information regarding allergens contained in products is available from your steward. All pictures are for illustrative purposes only.

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