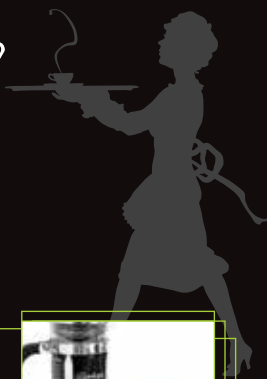




arrive happy not hungry

Great Food freshly delivered

2U



HOT BEVERAGES

Barry's Tea 296ml/10oz	0kcal	2.20
Bewley's Coffee 296ml/10oz	0kcal	2.35
Bewley's Hot Chocolate 296ml/10oz	130kcal	2.65



CRISPS

Tayto Cheese & Onion	192kcal	1.05
Tayto Salt & Vinegar	204kcal	1.05
Pringles	206kcal	2.00

SWEETS

Apple Danish	425kcal	2.50
Fruit Danish	409kcal	2.50
Chocolate Muffin	398kcal	2.20 <small>NEW</small>
Ina's Fruit Slice	300kcal	1.90
Ina's Oatflake Biscuits	255kcal	1.55
Broderick's Gluten Free Brownie	278kcal	2.00

SOFT DRINKS

Coca Cola	330ml	139kcal	1.75
Diet Coke	330ml	1kcal	1.75
Fanta	330ml	165kcal	1.75
Sprite	330ml	89kcal	1.75
Fruice Orange Juice	330ml	149kcal	2.90
Riverrock Still Water	500ml	0kcal	2.25
Schweppes Tonic	150ml	56kcal	1.25



NEWSPAPERS

(on selected services, recommended retail price)
The Irish Times

BEERS, WINES AND SPIRITS

Budweiser	500ml can	187kcal	4.80
Bulmers	500ml can	205kcal	4.80
Heineken	500ml can	150kcal	4.80
Guinness	500ml can	176kcal	4.80
Jameson Irish Whiskey	50ml	112kcal	5.60
Huzzar Vodka / Cork Dry Gin	50ml	112kcal	4.65
Trapiche Sauvignon Blanc	18.7cl	159kcal	5.99
Trapiche Malbec	18.7cl	159kcal	5.99

CONFECTIONERY

Nestlé Kitkat	232kcal	1.30
Nestlé Aero	222kcal	1.30
Cadbury Dairy Milk	280kcal	1.30
Brodericks crunchy slam dunk peanut crunch	375kcal	1.60 <small>NEW</small>
Inas natural exotic fruit & nut with nuts, fruits and seeds	246kcal	1.60



SANDWICHES

Mini Rolls - Granary Bread roll with Hummus and Crunchy vegetables - Poppy seed bread roll with caramelised onion & rocket.	487kcal	4.95
Chicken & stuffing on farmhouse brown bread	467kcal	4.95
Shredded ham with red cheddar cheese on poppyseed bread	372kcal	4.95

ALL DAY LIGHT SNACKS

Available from service with buffet car

Waterford Blaa with bacon & sausage	501kcal	4.80
Mezzaluna with chicken, basil pesto mayo, peppery rocket, fresh tomatoes, mozzarella and tangy parmesan.	433kcal	4.80
Sausage roll	292kcal	1.65
Nusli - Irish Bircher Muesli - delicious mix of natural yogurt, multiberries, apple juice, fruit wholegrains & nuts	247kcal	2.75

Calorie information provided is as accurate as possible. However, due to the handmade nature and possible substitution of ingredients, calories may vary and so average typical values are shown. Information regarding allergens contained in products is available from your steward. All pictures are for illustrative purposes only.

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