

DRINKS

Hot Beverages

Bewleys Fairtrade Caffetiere (VE)	€3.70
Hot Chocolate Cup (V) (1 & 4)	€3.20
Pot of Bewleys Fairtrade Tea (VE)	€3.15
Selection of Bewleys Herbal Teas (VE)	€3.15

Minerals

Coke	€2.10
Coke Zero	€2.10
Fanta Orange	€2.10
Sprite	€2.10
RiverRock Still Water	€2.10
RiverRock Sparkling Water	€2.10
Fruice Orange Juice	€2.95
Schweppes Tonic Water	€1.70

Alcohol

Guinness 500ml	€5.50
Budweiser 500ml	€5.50
Bulmers 500ml	€5.50
Heineken 500ml	€5.50
Sauvignon Blanc 187ml	€6.50
Merlot 187ml	€6.50
Absolut Vodka 5cl	€6.00
Cork Dry Gin 5cl	€6.00
Jameson Whiskey 5cl	€6.00



We do occasionally have to substitute products so you must advise us of any allergies / dietary requirements on every visit as our recipes do change. Please be advised that we do use most, if not all allergens in our kitchens and we also cook different foods in the same equipment. Allergens information on all intentional ingredients are shown on our Allergens Table. Should you require further information including 'may contains' allergen information, please ask your server at the time of ordering. **(V)** These dishes are suitable for vegetarians. **(VE)** These dishes

are suitable for vegans. Our fish and meat dishes may contain small bones. Dishes may vary from image shown due to local ingredients and crockery used.

Allergens

1 Gluten **2** Crustacean **3** Soybeans
4 Milk **5** Celery **6** Sulphur Dioxide
 & Sulphates **7** Sesame Seeds **8** Eggs
9 Mustard **10** Fish **11** Nuts **12** Peanuts

How did we do today? We value your feedback so please contact us on customer@irishrail.ie

Sometimes we are restricted on the space we have available on board the train and on busier trains we may run out of certain items so please accept our apologies if your 1st choice is not available. Calorie information provided is as accurate as possible. However, due to the handmade

nature and possible substitution of ingredients, calories may vary and so average typical values are shown. Information regarding allergens contained in products is available from your steward. Range subject to availability. All pictures are for illustrative purposes only.



railgourmet
CAFÉ

GOOD AFTERNOON
Welcome
ABOARD
First Class



BISTRO

Beef and Guinness Stew served with Mashed Irish Potato €13.50

This classic Irish dish made by our award winning chefs combines diced Irish grass fed beef, our world famous Guinness slow cooked and served with creamy mash. (1, 3, 4 & 5)



Kerala Potato and Coconut Curry served with Basmati Rice (GF) (VE) €12.95

This south east Indian vegan curry combines two types of slow cooked potato, green beans and peas smothered in a mild creamy coconut curry sauce served on a bed of basmati rice.

Traditional Beef Lasagna €12.95

This traditional Italian dish is made using grass fed Irish beef, crushed Italian tomato a creamy cheese sauce separated by layers for wheat pasta' served with freshly cut garden salad on the side. (1, 4 & 5)



AFTERNOON TREATS

Scone & Jam

Plain	€3.50
Fruit	€3.50

Traybakes

Rocky Rush	€3.50
Brodericks "gluten free" Rocky Road	€3.50
Chocolate Muffin	€2.90



We may run a reduced menu on quieter times of the day and the below highlighted dishes may not be available.

Homemade Shepherd's Pie ☑ €13.50

West Cork lamb slow cooked in a rich sauce topped with hand piped mashed potato. (4, 5 & 6)

Ham & Cheese Toastie €7.90

Honey roast ham cheese & béchamel on sesame bread with a cheese toastie top. (1, 3, 4, 7 & 11)

Panang Chicken Curry served with Basmati Rice (GF) ☑ €12.95

At taste of south east Asian...succulent strips of chicken fillet cooked with care and coated in a creamy coconut curry sauce with a kick, served on a bed of basmati rice. (2 & 5)

Ultimate Cheese and Tomato Toastie €7.90

Mozzarella, cheddar, sunblush tomatoes and tomatade with a tomato topped cheese lid. (1, 3, 4, 7 & 11)



Tennessee Chicken Stir Fry served with Basmati Rice ☑ €12.95

Strips of juicy chicken fillet coated in a spicy Tennessee Cajun sauce with thinly sliced vegetables, served on a bed of basmati rice. (5)



Award winning Salted Caramel Brownie	€3.50
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See back of menu for allergen information.