

IE CONTRACTOR PTS

APPLICATION INFORMATION

(The arrangements within this document are applicable on and from the 1st December 2023)

Document revision record

Revision No.	Date published	Description of revision(s) made
1.0	-	Original document published.
2.0	20/10/2023	<p>A revised process for completion of medicals has been adopted. A new requirement to attend IE approved Occupational Health Practice is introduced along with a requirement for Drugs and Alcohol Screening. These revised arrangements are applicable from 1st December 2023.</p> <p>The option to attend a GP, or a contractors own preferred unapproved medical provider has been removed and medical certificates from these parties will no longer be accepted in application to attend Personal Track Safety Training after 30th November 2023.</p>

Contents

1.	Introduction	4
1.1	Scope	4
1.2	Background	4
1.3	Personal safety in the railway environment	4
1.4	Removal of contractor & third party employees	5
2.	Training requests	5
2.1	General information	5
2.2	Pre-course requirements & course considerations	5
2.2.1	Minimum course attendance requirements:	5
2.2.2	Right of refusal:.....	5
3.	Medical requirements.....	6
3.1	Medical standard and approved Occupational Health Service Providers ..	6
3.2	Booking a Medical.....	6
3.3	The Medical examination	6
3.3.1	Visual Acuity: (Eyesight Test)	6
3.3.2	Hearing Test	7
3.3.3	General Health	7
3.4	Drugs and Alcohol Screening	7
3.4.1	Why is Drugs and Alcohol Screening being performed?.....	7
3.4.2	How will the screening be undertaken.....	7
3.4.3	What substances will candidates be tested for?	8
3.4.4	Breathe Test cut off level for Alcohol	8
3.4.5	Screening test results – Negative screening result	8
3.4.6	Screening test results –Unclear screening result (or Positive for Alcohol test)	8
3.5	Persons not resident in Ireland requiring PTS	9
3.6	Periodicity of medical fitness for holders of IE Contractor PTS Certificates:.....	9
3.6.1	Medical schedule ‘once off exception’.....	9
4.	Where to send completed application forms.....	9
4.1	Additionally for applicants not resident in Ireland.....	9
5.	PPE Standard.....	10
6.	Application process: For applicants resident on the Island of Ireland.....	11
7.	Application process: For applicants Not resident on the Island of Ireland	12
	Appendix 1 - IE Contractor PTS Health Assessment Report.....	13
	Appendix 2 - Level 3 Medical Assessment Form for PTS Certification.....	15

1. Introduction

1.1 Scope

This document details the process to be completed for Contractors or Third Parties who require IE Contractor PTS Certification and wish to apply for training.

All associated forms, or links to forms requiring completion can be found in the appendices to this document and at <https://www.irishrail.ie/en-ie/about-us/iarnrod-eireann-infrastructure/Iarnrod-Eireann-Contractor-PTS>

1.2 Background

Iarnród Éireann (IÉ) has a statutory duty to operate a safe railway. It currently operates a railway network of approximately 2400 km of track, carrying passengers and freight. The current timetable operates frequent services at high speeds with varying types of modern rolling stock, which operate more efficiently and at lower noise levels than older stock within the current fleet. Trains can run at speeds up to 100 mph (160 km/h).

The network and timetable are continuously under development in order to provide improvements and better services; therefore the railway operating environment is fluid by nature and subject to change. Service improvement and developments are part of a continuing programme towards more frequent, faster and quieter trains.

It should be assumed that all lines have trains operating throughout the day and night. The dangers of working on or near the railway are in addition to those encountered elsewhere in a construction environment.

The concept of train operation is that a route is available for a train to run with a dedicated right of way between signals. A train cannot swerve, nor can it stop in the same distance as a road vehicle. For example, a train travelling at 90 mph (145 km/h) requires 2 km to stop. The operating rules required to safely operate a train have been developed over many years. These operating rules are detailed, wide ranging, and applied strictly and consistently. The operating rules are different from those applicable in other sectors, including that of construction.

All works must be carried out in a manner that ensures the operation of the railway is safe at all times.

Appropriate arrangements must be in place for the safety of all persons while they are working on or near railway property.

1.3 Personal safety in the railway environment

Safety is of prime importance to IÉ. To this end, IÉ has developed a Contractor Personal Track Safety training course which deals with railway safety awareness. This training course informs contractors, third parties and their personnel of the specific dangers of working in an operational railway environment, and of safe working practices in that regard.

It is a requirement that each member of the contractor or third party personnel employed on site, including any agents or sub-contractors, possesses a current Contractor Personal Track Safety (PTS) Certificate before being permitted to work on or near the railway line.

Contractor or Third Party personnel entering railway property must be able to understand safety instructions given in English.

Contractor PTS Certificates must be carried at all times on the railway site and must be produced for inspection on request from any IÉ authorised staff. If personnel cannot produce a certificate, they are not permitted to remain on or near the railway line.

Contractor or Third Party personnel must comply with the alcohol and drugs requirements of the Railway Safety Act 2005

1.4 Removal of contractor & third party employees

IE is at liberty to object to, and to require the contractor or third party to be removed from the railway site immediately, any person employed on its behalf who:

- Has refused to immediately carry out an instruction given by IE where such instruction relates to safety,
- or
- In the opinion of IE, is liable to endanger his/her health and safety, or that of others.
- or
- Has failed to comply with the IE Alcohol & Drugs Policy

Contractor PTS Certificates remain the property of IE and can be withdrawn for non-compliance.

2. Training requests

2.1 General information

For general enquires contact the IE Training Centre at contractor.pts@irishrail.ie

An average of 8 remote courses per period are scheduled

Requests for ad hoc training must be kept to a minimum.

IE Contractor PTS Certificates are valid for 3 years after which retraining is required.

2.2 Pre-course requirements & course considerations

Primarily, only companies who are contracted to work for Iarnród Éireann are eligible to nominate people to attend this course. However, the exception to this rule is for companies, who are not contracted by IE, that are required to carry out work 'on or near the line', such as County Councils, ESB, etc.

2.2.1 Minimum course attendance requirements:

Attendees must be at least 18 years of age.

Attendees must have undertaken a Medical in accord with the requirements detailed in this document and been certified as Medically fit. Confirmation of medical fitness must be received by the Training Centre for validation prior to an offer of a training date.

Alteration to medical health prior to last training intervention - If a medical condition develops in the time since the last medical was undertaken and the condition potentially means that the level 3 medical requirements cannot be met a new medical form must be submitted.

The training course is delivered in English and nominees must have a working knowledge of the English language.

Consideration will be given to companies from non-English speaking countries who are contracted by IE for specialist work. In this instance the IE project manager must present a business case to the Head of Health & Safety IM for a dispensation from the requirement for the nominees to have a working knowledge of English. For further information the IE project manager can contact the IE Training Centre directly at contractor.pts@irishrail.ie

If approved by the Head of Health & Safety IM a standalone training course may be delivered using an independent interpreter. In this instance a limited IE Contractor PTS Certificate will be issued (for the duration of the project)

Where an independent interpreter is used the Contractor/ Third Party must bear all additional associated costs.

All training must be prepaid prior to an offer of a training date.

2.2.2 Right of refusal:

Iarnród Éireann reserves the right to refuse attendance to the training course on following grounds:

- No confirmation of medical fitness to work.
 - No one is permitted to attend this training course if they are not medically fit. There are no exceptions to this rule.
- IE Contractor PTS - Course Application Form NOT received
 - No one is permitted to attend this training course if this form is not received.

- No Remittance Notification
 - No one is permitted to attend this training course if payment is not received
- No Photograph
 - No one is permitted to attend this training course if the photograph is not received

3. Medical requirements

3.1 Medical standard and approved Occupational Health Service Providers

Nominees must be passed medically fit to the standard (Level 3) specified by Iarnród Éireann Chief Medical Officer (CMO). It should be noted that Drug and Alcohol Screening forms part of the medical examination process.

The medical examination and issue of subsequent confirmation of medical fitness certificate must be conducted by an Occupational Health Service Provider that has been approved by Iarnród Éireann to undertake such medicals. Currently two companies are approved to conduct the medical, Cognate, and Medmark.

3.2 Booking a Medical

Cognate, and Medmark both provide national coverage with occupational Health Centers located in all regional population centers. The contact details for scheduling bookings with these Medical providers is as follows:

- centraladmin@cognatehealth.ie further information about Cognate can be found at www.cognatehealth.ie
- Medmark booking contacts are provided per practice location
 - Dublin, Airport: dublinairport@medmark.ie
 - Dublin, Baggot St.: dublin@medmark.ie
 - Cork: cork@medmark.ie
 - Galway/Sligo: galway@medmark.ie
 - Limerick: limerick@medmark.ie
 - Waterford: waterford@medmark.ie
- Further information about Medmark can be found at [Medmark - Specialists in Occupational Healthcare](#)

Note: The cost of the medical will continue be paid for by the individual attending, or their employer as per existing arrangements.

3.3 The Medical examination

Persons attending the medical must bring with them photographic proof of identification, inclusive of date of birth, and a separate passport size photo.

If corrective lenses (glasses or contact lenses) are required the associated prescription must be produced at the medical.

The medical will feature examination of a person's vision, hearing and general health to the requirements of the (Level 3) Medical Standard which are as follows.

3.3.1 Visual Acuity: (Eyesight Test)

3.3.1.1 Aided or unaided distance visual acuity: 0.8 (right eye + left eye – measured separately), minimum of 0.3 for the worse eye. If a person is dependent on contact lenses to meet these requirements spectacles of an equivalent prescription should be carried when on or near the line.

3.3.1.2 No pathological condition of the eyes likely to cause visual impairment should be present

3.3.1.3 The use of tinted or photochromic lenses are not permitted. Sun glasses are allowed but are to be issued to the Iarnród Éireann specification as follows:

- Spectacle lens (Tolerance) - BS2738:1989.
- Personal Eye Protection - EN166:2002.
- Personal Eye Protection UV Filters - EN170:2002.
- Personal Eye Protection, Sunglasses filters for industrial use - EN172.1994 (Note: Polycarb will have UV protection already) +Suntint 20% designated tint for general use.
- Personal Eye Protection, Sunglass & sunglass filter for general use - EN1836 1997.

3.3.1.4 Colour Vision

Normal colour vision is not required for Level 3 Personal Track Safety Certification.

3.3.2 Hearing Test

An assessment of the candidate's hearing by audiogram will be undertaken. Be aware that the candidate's hearing has to be sufficient to hear verbal/telephone communication in a noisy environment and also to hear auditory alarms.

3.3.2.1 The following is the Audiometric Standard which must be met for Level 3:

- Hearing loss must not be higher than 40 decibels at 0.5, 1 and 2 Kilohertz in either ear.
- The hearing loss must not be higher than 45 decibels at 3 kilohertz for the ear with the worst air conduction of sound.
- No anomaly of the vestibular system must be present. No chronic speech disorder must be present.
- No pathological condition likely to cause unpredictable fluctuation in the hearing levels should be present.

Candidates are not permitted to use hearing aids in order to reach the required standard but may use hearing aids while on or near the line to enhance their hearing further.

3.3.3 General Health

Persons will not be permitted to go on or near the line if they are suffering from medical conditions or taking any medical treatment or medication likely to cause:

- Sudden loss of consciousness.
- Impairment of awareness or concentration.
- Sudden incapacity.
- Visual impairment of a temporary or transient nature.
- Impairment of balance or coordination.
- Significant limitation of mobility.

3.4 Drugs and Alcohol Screening

3.4.1 Why is Drugs and Alcohol Screening being performed?

Iarnród Éireann's customers, employees and contractors have an expectation to be 'Always Safe' when using or delivering our services. Our commitment to them is to do all that we can to meet this expectation by continually developing ourselves our management systems and processes to achieve excellence in health, safety, efficiency and quality of service.

In delivering on our commitments the over-riding objective in application of a Drugs and Alcohol screening requirement is to prevent any harm coming to customers, colleagues, contractors or visitors alike, arising through errors, mistakes, or intentional or unintentional acts, as a consequence of the effects from the consumption of alcohol or drugs by Iarnród Éireann staff or our service providers.

3.4.2 How will the screening be undertaken

Drug and Alcohol Screening forms part of the medical examination process and candidates will be required to provide a urine sample.

The collection of samples and the laboratory testing of samples complies with the European Guidelines for Workplace Drug Testing (2015-11-01 Version 2.0).

The reporting laboratories used are accredited by a national accreditation body for Drug & Alcohol testing as set out in the European Guidelines for Workplace Drug Testing (2015-11-01 Version 2.0).

3.4.3 What substances will candidates be tested for?

The following table details the substances that are screened for during testing. The cut off concentration levels above which the urine drug levels will be deemed positive or unclear (not negative) are listed for screening and confirmation tests.

	SUBSTANCE	CUT-OFF CONCENTRATION SCREENING TESTS	CUT-OFF CONCENTRATION CONFIRMATION TESTS
1	Amphetamines Group (incl. Methamphetamine & MDMA)	500 ng/ml	200 ng/ml
2	Cocaine	150ng/ml	100 ng/ml
3	Benzodiazepines	200 ng/ml	100 ng/ml
4	Cannabis	50ng/ml	15 ng/ml
5	Opiate (MOP)	300 ng/ml	300 ng/ml
6	Methadone	300 ng/ml	250 ng/ml
7	Tramadol	-	-
8	Ketamine	-	-

3.4.4 Breathe Test cut off level for Alcohol

In accordance with Section 97 of the Railway Safety Act 2005, the current cut off level of 35 micrograms/100 milliliters of breath is applied to this screening / test.

3.4.5 Screening test results – Negative screening result

Where the screening tests returns negative results, the candidate will be informed on the day of the test that the result is negative.

3.4.6 Screening test results –Unclear screening result (or Positive for Alcohol test)

If the screening process returns a result other than 'Negative' the candidate will be informed, at the time of sampling, that the result is 'Unclear' or in respect of the Breath Alcohol Test, the result is 'Positive'.

In the event of an 'Unclear' drug screening sample being returned, further validation of the result will then be automatically enacted 'through a chain of custody' process involving laboratory analysis of the sample.

Important: It should be noted that additional cost for 'The chain of custody and lab analysis' will be incurred in the event of an 'Unclear' result being initially recorded.

Important: In the event of a result of 'Unclear' drug screening sample being recorded or a 'Positive' Breath Alcohol Test result, Irish Rail has also requested the Occupational Health Companies to advise Irish Rail of the name and Date of Birth of the person who has undertaken the screening. Irish rail will retain these details on file and refuse the right for the person to undertake PTS Training for an extended period of time.

If following laboratory analysis, the drug screening result is proven to be 'Negative', the right to attend PTS Training will be returned.

The Occupational Health Company will also advise the employer of the person attending that a result of 'Unclear' or 'Positive' in respect of the Breath Alcohol Test has been recorded.

3.5 Persons not resident in Ireland requiring PTS

Persons who require to attend Personal Track Safety Training but who are not resident in Ireland must undertake testing in accordance with the medical standards and arrangements of this document.

IE does not have an approval process for Non-Irish based Occupational Health facilities, therefore the medical may be completed by Doctor or Occupational Health Practice that can meet the arrangements detailed in this document.

The Contractor PTS Health Assessment Report (see Appendix 1) and the Level 3 Medical Assessment Form for PTS Certification (see Appendix 2) should be utilised and on completion both forms must be forward to contractor_pts@irishrail.ie and medicalenquiries@irishrail.ie

On forwarding, the reports will be reviewed and verified by the Chief Medical Officer of Iarnród Éireann prior to the Training School confirming acceptance to the training course.

3.6 Periodicity of medical fitness for holders of IE Contractor PTS Certificates:

Medical assessment for IE Contractor PTS Certificates must be undertaken as per the below schedule.

Candidates age	Medical must have been undertaken within the last:
Less than 40 years of age	10 Years
From 40 to 49 years inclusive	6 Years
From 50 to 59 years inclusive	4 Years
From 60 to 64 years	2 Years
From 65 years and beyond	Annual Medical required

Example: A 39 year old person has a medical assessment. They are not due for another medical assessment until they are 49 (providing there are no underlying issues). At this point they can be certified for a further period of 6 Years (providing there are no underlying issues) which will bring them to 55 and so on.

For holders of IE Contractor PTS Certificate where the medical validity is either 1 or 2 years the PTS Certificate validity date cannot exceed the medical validity date. Upon receipt of a new medical (plus a copy of the holders current IE PTS Certificate) the PTS Certificate can be extended up to the standard 3 year validity, after which retraining will be required.

3.6.1 Medical schedule 'once off exception'

From December 2023 any person applying to attend training for either initial or recertification in Personal Track Safety (PTS) Certification will also be required to undertake a medical exam (inclusive of drug and alcohol screening) prior to attending training, and regardless of the date of last medical. This is a once off requirement to speed up the application of the revised medical requirements documented herein. Thereafter the above medical intervals will reapply taking into consideration the additional medical undertaken.

4. Where to send completed application forms

On completion of the Level 3 Medical, inclusive of the Drug and Alcohol Screening, the examining doctor / service provider will sign, date and endorse the Contractor PTS Health Assessment Report (see Appendix 1).

The candidate or their employer must forward a copy of the completed report (both pages) to the IE Training Centre at contractor_pts@irishrail.ie along with the PTS application form. The report must be submitted to the training Centre within 90 days of the medical being completed.

Please keep this form safe as you may need to reproduce the form to support future PTS training applications.

4.1 Additionally for applicants not resident in Ireland

In the instance of non-Irish resident applications, the Contractor PTS Health Assessment Report (see Appendix 1) and the Level 3 Medical Assessment Form for PTS Certification (see Appendix 2) should also be forwarded to mailto:medicalenquiries@irishrail.ie






5. PPE Standard

High visibility clothing must be fluorescent orange and shall meet, as a minimum, with the requirements for Class 2 garments set out in Table 1 of IS EN ISO 20471:2013

Safety Footwear shall meet, as a minimum, with the requirements of EN ISO 20345:2011






6. Application process: For applicants resident on the Island of Ireland

All IÉ Contractor PTS applications submitted for validation from the **01 December 2023** **MUST** comply with the Occupational Health Service Provider medical assessment process, any medical assessments completed by your company Doctor or by a General Practitioner (GP) will **NOT** be accepted.

<p>If this is your initial application for IÉ Contractor PTS Certification</p> <p>Or</p> <p>Your current IÉ Contractor PTS Certification is due to expire (either training validity or medical validity)</p> <p>NOTE: All applications submitted from the 01 December 2023 MUST comply with the Occupational Health Service Provider medical assessment process, this applies to initial and refresher applications or certification extension requests. After your initial medical with the Occupational Health Service Provider your next medical will be as per the frequency defined by the CIE Chief Medical Officer.</p>	
	
<p>STEP 1</p> <p>Review the IÉ Contractor PTS Application Information Document and pack which is available from: https://www.irishrail.ie/en-ie/about-us/iarnrod-eireann-infrastructure/Iarnrod-Eireann-Contractor-PTS</p>	
	
<p>STEP 2</p> <p>Select your Occupational Health Service Provider from the approved Iarnród Éireann listing. Contact your selected Occupational Health Service Provider to arrange your medical assessment.</p>	
	
<p>STEP 3:</p> <p>Attend Medical at your selected Occupational Health Service Provider</p> <p>NOTE: You will need to bring proof of ID and a passport size photo to the medical. If you wear prescription glasses, you will need to bring both your glasses and a copy of your prescription to the medical.</p>	
<p>MEDICAL FITNESS CERTIFICATE</p>	
 <p>You PASS the medical</p>	 <p>You FAIL the medical</p>
<p>One successful completion, the Occupational Health Service Provider will sign, stamp and supply you with a copy of the IÉ Contractor PTS Health Assessment Report.</p> <p>Give this form to your employer who will then submit your application for validation to the IÉ Contractor PTS Department.</p> <p>NOTE: The medical assessment must be carried out within 12 weeks of the date that Iarnród Éireann is in receipt of the IE Contractor PTS Application for validation.</p>	<p>Immediately notify your employer that you did NOT meet the required medical standard.</p> <p>In the event of failing the Drugs and Alcohol Screening in that your sample returned a 'Unclear' result the Occupational Health Service Provider have been requested to advise the CIE Chief Medical Officer.</p> <p>IÉ retains the right to refuse training/ certification extension, for an extended period of time, to any applicant who provides a positive drug or alcohol sample.</p>
<p>Once your application is validated the IÉ Contractor PTS Department will offer a training date.</p> <p>NOTE: Should any factors relating to your health and well-being change at any time during the validity of the PTS Certificate you agree to inform all relevant parties immediately and understand this may lead to a review of your medical fitness to hold PTS.</p>	<p>NOTE: For current IÉ Contractor PTS holders you must not attend any IÉ sites or locations which requires you to hold PTS.</p>

7. Application process: For applicants Not resident on the Island of Ireland

All IÉ Contractor PTS applications submitted for validation from the **01 December 2023** **MUST** comply with the Occupational Health Service Provider medical assessment process detailed in this document.

<p>If this is your initial application for IÉ Contractor PTS Certification</p> <p>Or</p> <p>Your current IÉ Contractor PTS Certification is due to expire (either training validity or medical validity)</p> <p>NOTE: All applications submitted from the 01 December 2023 MUST comply with the Occupational Health Service Provider medical assessment process, this applies to initial and refresher applications or certification extension requests. After your initial medical with the Occupational Health Service Provider your next medical will be as per the frequency defined by the CIE Chief Medical Officer.</p>	
	
<p>STEP 1</p> <p>Review the IÉ Contractor PTS Application Information Document and pack which is available from: https://www.irishrail.ie/en-ie/about-us/iarnrod-eireann-infrastructure/Iarnrod-Eireann-Contractor-PTS</p>	
	
<p>STEP 2</p> <p>Contact and book an appointment with an Occupational Health Service Provider or GP that can fulfil the requirements detailed within this document.</p>	
	
<p>STEP 3:</p> <p>Attend Medical at your selected Occupational Health Service Provider</p> <p>NOTE: You will need to bring proof of ID and a passport size photo to the medical. If you wear prescription glasses, you will need to bring both your glasses and a copy of your prescription to the medical.</p>	
<p>MEDICAL FITNESS CERTIFICATE</p>	
 <p>You PASS the medical</p>	 <p>You FAIL the medical</p>
<p>One successful completion, the Occupational Health Service Provider will sign, stamp and supply you with a copy of the IÉ Contractor PTS Health Assessment Report, and the level 3 Medical Assessment form for PTS Certification.</p> <p>Give these forms to your employer who will then submit your application for validation to the IÉ Contractor PTS Department and email onto medicalenquiries@irishrail.ie for validation.</p> <p>NOTE: The medical assessment must be carried out within 12 weeks of the date that Iarnród Éireann is in receipt of the IE Contractor PTS Application for validation.</p>	<p>Immediately notify your employer that you did NOT meet the required medical standard.</p> <p>In the event of failing the Drugs and Alcohol Screening in that your sample returned a 'Unclear' result the Occupational Health Service Provider have been requested to advise the CIE Chief Medical Officer.</p> <p>IÉ retains the right to refuse training/ certification extension, for an extended period of time, to any applicant who provides a positive drug or alcohol sample.</p>
<p>Once your application is validated the IÉ Contractor PTS Department will offer a training date.</p> <p>NOTE: Should any factors relating to your health and well-being change at any time during the validity of the PTS Certificate you agree to inform all relevant parties immediately and understand this may lead to a review of your medical fitness to hold PTS.</p>	<p>NOTE: For current IÉ Contractor PTS holders you must not attend any IÉ sites or locations which requires you to hold PTS.</p>

On completion this form must be returned to the attendee or their employer who should then submit the form in application for training to the IÉ Contractor PTS Department.

If the applicant is not resident in Ireland the completed form must also be emailed to medicalenquiries@irishrail.ie

PART A Applicants Details	
Name:	Date of Birth:
Name of Sponsoring / Employing Company:	
Portability of Health Assessment Results – Named Applicant to complete	
I give permission for this health assessment report to be forwarded to Iarnród Éireann as confirmation of fitness / not currently fit to hold IE Contractor PTS Certification.	
Signature of Applicant:	

PART B – Health Assessment Report – Authorised Health Professional to complete		
<input type="checkbox"/>	I have sighted & signed the applicant photograph. Please tick the box to confirm.	Attach Applicant Photograph
I have examined the named applicant whose signed photograph is attached and whose signature is inserted above to the medical standards set out by the Chief Medical Officer Iarnród Éireann and find the applicant to be medically (<i>Please tick the appropriate response</i>)		
Fit for IE Contractor PTS Certification	<input type="checkbox"/>	
Fit for IE Contractor PTS Certification - Conditional on corrective lenses being worn	<input type="checkbox"/>	
Unfit for IE Contractor PTS Certification - Applicant does not meets the required medical standard and has been advised they don't meet the medical standard.	<input type="checkbox"/>	

Health Professional details (Stamp Acceptable) – For Part B	
Name:	
Practice address:	
Assessment Date:	
Signature & Medical Council Registration Number:	

On completion this form must be returned to the attendee or their employer who should then submit the form in application for training to the IÉ Contractor PTS Department.

If the applicant is not resident in Ireland the completed form must also be emailed to medicalenquiries@irishrail.ie

PART C – COMPLIANCE WITH IARNRÓD ÉIREANN (IÉ) DRUG & ALCOHOL POLICY – Authorised Health Professional to Complete	
Tick the appropriate boxes	
I declare: That the named applicant whose signed photograph is attached, and signature inserted above, have been tested according to the Drug & Alcohol Standards as set out by the Chief Medical Officer Iarnród Éireann. That we have a signed and dated report for the named applicant confirming that we have tested the urine sample for the specified substances as per the IE Contractor PTS Drug & Alcohol screening report requirements to the cut off concentration levels specified. The result of the screening is as follows:	<input type="checkbox"/>
The result of the drug screening is a 'NEGATIVE'	<input type="checkbox"/>
The result of the drug Screening is 'UNCLEAR'	<input type="checkbox"/>
The result of the breath alcohol test is 'NEGATIVE'	<input type="checkbox"/>
The result of the breath alcohol test is 'POSITIVE'	<input type="checkbox"/>
In the event of a 'Unclear' result being recorded during the drug screening process, or a positive breath alcohol test result being recorded, Irish Rail must be notified via email to medicalenquiries@irishrail.ie . Details of the Name, Date of Birth and sponsoring company and the detail of the unclear and / or positive test result must be forwarded.	

Authorised Health Professional details (Stamp Acceptable) - For Part C

Same Health Professional as Part B		<input type="checkbox"/>
Name:		
Practice address:		
Assessment Date:		
Signature		

APPENDIX 2: LEVEL 3 MEDICAL ASSESSMENT FORM FOR PTS CERTIFICATION

Please note: This form may be retained by the applicant for their own records. This form should not be forwarded to Irish Rail.

Exception: If the applicant is not resident in Ireland the completed form must also be emailed to medicalenquiries@irishrail.ie

Applicant Name:	Applicant Date of Birth:	Signature of Examining Doctor

Visual Acuity* *Recorded as a 'Snellen Fraction'				
Notes:				
<ul style="list-style-type: none"> Aided or unaided distance visual acuity: 0.8 (right eye + left eye – measured separately), minimum of 0.3 for the worse eye. Maximum corrective lenses: hypermetropia +5 / myopia -8. If corrective lenses required prescription must be produced at Medical. Contact lenses are allowed. If a person is dependent on contact lenses to meet these requirements spectacles of an equivalent prescription should be carried when on or near the line. No pathological condition of the eyes or progressive eye disease likely to cause visual impairment should be present. Lens implants are allowed only on condition that they are checked on a yearly basis. 				
Visual Acuity meets the required Standard?			Please circle responses	
Right Eye:	_____ without glasses / contact lenses	_____ with glasses / contact lenses	Yes	No
Left Eye:	_____ without glasses / contact lenses	_____ with glasses / contact lenses	Yes	No
Both Eyes:	_____ without glasses / contact lenses	_____ with glasses / contact lenses	Yes	No
Other requirements to be met				
Vision Field	Normal vision field with absence of any abnormality?		Yes	No
Vision for both eyes	Vision for both eyes considered effective?		Yes	No
Binocular vision	Binocular vision considered effective?		Yes	No
Contrast Sensitivity	Contrast sensitivity considered good		Yes	No

APPENDIX 2: LEVEL 3 MEDICAL ASSESSMENT FORM FOR PTS CERTIFICATION

Please note: This form may be retained by the applicant for their own records. This form should not be forwarded to Irish Rail.

Exception: If the applicant is not resident in Ireland the completed form must also be emailed to medicalenquiries@irishrail.ie

Applicant Name:	Applicant Date of Birth:	Signature of Examining Doctor

Hearing			
An assessment of the candidate's hearing via Audiogram is essential. Be aware that the candidate's hearing has to be sufficient to hear verbal/telephone communication in a noisy environment and also to hear auditory alarms.			
The following is the Audiometric Standard for Level 3:			
<ul style="list-style-type: none"> • Hearing loss must not be higher than 40 decibels at 0.5, 1 and 2 Kilohertz in either ear. • The hearing loss must not be higher than 45 decibels at 2 kilohertz for the ear with the worst air conduction of sound. • No anomaly of the vestibular system must be present. • No chronic speech disorder must be present. • Hearing aids can be used. • No pathological condition likely to cause unpredictable fluctuation in the hearing levels should be present. 			
Audiogram meets the required standard?	Please circle response	Yes	No

General Health		
Persons will not be permitted to go on or near a railway line if they are suffering from medical conditions or taking any medical treatment or medication likely to cause:		
Please circle response		
Sudden loss of Consciousness	Yes	No
Impairment of awareness or concentration	Yes	No
Sudden incapacity	Yes	No
Visual impairment of a temporary or transient nature	Yes	No
Impairment of balance or co-ordination	Yes	No
Significant limitation of mobility	Yes	No